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Loydeen (00:00):
Hi, I'm Loydeen
Heidi (<u>00:01</u>):
I'm Heidi and we are
Together (00:03):
The, the U haulers.
Loydeen (00:05):
Okay. So it is Sunday. We're recording this on a Sunday.
Heidi (00:08):
I feel like you're Falling off the edge. Are you falling off the edge? Kind of
Loydeen (00:12):
No, but the people on our podcast are so confused now If you're on video, You're seeing that I was cut
off.
Heidi (00:19):
Cut off for a second. Yeah.
Loydeen (<u>00:21</u>):
You're also gonna see that I'm going to eat, cuz I can't handle not eating if you're on video <laugh> I'll try
not to chew too loud for our listeners.
Heidi (00:29):
Yeah. Yeah. So Sunday it's Sunday today.
Loydeen (<u>00:32</u>):
Uh, we just went to church.
Heidi (<u>00:33</u>):
We did, we were kind of getting started the last time we were here. We kind of said, this is our journey.
We're gonna we're church shopping. Yeah. So we went to a church today. That was actually really great.
Yeah. I mean not to be startled when church is great, but
Loydeen (<u>00:47</u>):
No we've been really concerned.
Heidi (<u>00:49</u>):
Yeah. Well, and I have, I have a lot of fear surrounding like being out mm-hmm <affirmative> uh, in a
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church cause I haven't done that a lot. And uh, so you know, there's a lot of intention we're putting a lot

of intention behind this search, right? Like looking for the kids and finding something that works for them, but also something where we think that it's sound biblical teaching. We can be fed.

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Loydeen (<u>01:14</u>):
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We can be fed, We feel safe.

Heidi (01:16):

Right, right. So

Loydeen (<u>01:20</u>):

We had, we love hearing what people want us to talk about. And we actually had a request to talk about how churches handle, you know, gay people coming to their church, how gay people handle going to church, um, and all the battles, um, and how we get through that. And when we deal with that in our relationship, in our family,

Heidi (01:40):

And it's brought up some really interesting discussions between the two of us. Like, so, uh, you know, we're not interested in going to a church that just brushes under, you know, doesn't actually deal with, um, the theology of it, right. Or, or somehow just has like a loosey goosey, theology around everything in order to be accepting. We don't want that either. It's not where we feel comfortable. Um, but you know, is maybe like just a church that's willing to sort of tackle some of the discussions in an honest and authentic way. And I mean, I know today for me, you know, I felt like God was very gentle to me. Right. Like today he, I felt very like he was speaking to me, which is, you know, kind of great and, and unexpected it and, and it, what

Loydeen (02:26):

I'm just smiling, the whole service. She would like grab my hand tighter every time He was speaking to her, I was like, oh, that was a moment. <laugh>

Heidi (02:34):

Um, yeah. So I mean

Loydeen (<u>02:36</u>):

and that's actually a big thing too. So we like purposely when we walked in today, Heidi grabbed my hand as we walked in front, the, a whole church go find our seat. Um, and on, and you were talking about how that was on purpose.

Heidi (02:49):

Yeah. Because I, I don't want to be in a place where like I have to feel hidden in order to feel safe. Um, you know, cause I've been, I've gone to church throughout the whole journey of being out. Right. And we talked a lot last time we were here about how God has kind of shown up in big ways for me in terms of like reconnecting with people who are a part of a faith-based community or at least were, um, and that they were very accepting. And so it's been kind of, um, a challenge to me again, you know, I don't wanna have to come out every time I wanna just be myself and I would hold your hand, walking into a building. I, I would hold your hand if, or squeeze your arm or something. If something impacted me, I do

when we're watching movies. Right. So, um, and so I just wanted to be authentically myself and I had a moment where we were walking in and I was like, oh, I got scared. Uh, do I really like, maybe we'll just act like we're good friends and like, no one's gonna come at us and we're not gonna feel, you know, ostracized somehow. And then I was like, no, if you're gonna do this and be authentic, you have to just be yourself and.

Loydeen (<u>03:58</u>):

well, and you don't wanna get Really involved in a church and then find out surprise later, they're gonna handle it. Right. You kinda know that right away, which last week, um, we went to a different church and we, same thing were holding hands and they preached about it from the pulpit that, that was, you know, so it was a clear like, okay, this is not the church for us. Um, we're glad to find that out on the first Sunday. Yeah. You know, but it's been a, a difficult journey, which finding church has never been a difficult journey for me my entire life, even when I came out because I already had a church and I went to a really famous, well known church that I was really involved in. I mean sometimes 12 hours on a Sunday seven services I would serve. I was moving up in leadership. I was there on the weekends middle week. I mean, we had lines for, you know, an hour. I mean, so.

Heidi (04:56):

blocks blocks of people.

Loydeen (<u>04:57</u>):

Yeah. So sometimes it'd be hour, hour and a half people would come early. Um, we would take ones that couldn't get in out to lunch. I mean, I was working the line outside. the info bar, you name it. I was very involved. And, um, I would step in as a connect group leader when they were out of town and I was a sections leader for my team and overseeing people. And so it was just a whole, very immersed life, um, because it was revival and I was seeing people, what we called go from death to life and seeing people's lives, just change. And volunteers had huge hearts for people and it was just a, you know, a new church in, in New York city at the time. And so it was mostly volunteers just like unpaid, just giving of ourselves.

Heidi (<u>05:40</u>):

And is this before Or after you Came out?

Loydeen (05:43):

So it started before I came out and then, um, I continued going after coming out. And so there was never that looking for a church kind of thing. I was already accepted in that community and known. And, and so I just, I I'm a confident person. I just stayed myself. And, um, I mean there were, I was going through a lot at the time. And so I knew I had already stepped out of moving up into leadership. That's where it would've really gotten sticky. Um, cause I was allowed to volunteer there, but I would not have been able to continue, um, moving up at the leadership track. Um, but that kind of had already been taken care of. And so I just didn't have to run into it in the same way. Um, I unfortunately did have friends that were leaders and had, you know, and came out and had to run into that. And so it's just been a really difficult journey for me now, um, because I moved, right. And unfortunately that church, um, without me even saying the name, I'm sure you'll know who it is, but is under a huge scandal and that's gonna happen to churches, but the scandal as it's unfolded more and more has gotten to the point where I, at this point can't stay. I mean, I can't, I can't just look the other way or say, you know,

they'll get through it and grace and forgiveness. It's the point where until I see a direct turnaround, a complete change, um, it's bad enough now that it's, you know, sickening to the stomach and I can't be a part of it and I'm pissed off about it. Honestly, there's been a lot of tears. I'm very angry and this was my home, um, in New York for, for, I don't know, years, years, eight years or something mm-hmm <affirmative>. And then I was going to go the one in LA and we had just started that when the pandemic started, I had, you know, went there. Um, but then everything shut down. So I was watching New York and it was after COVID that kind of end of COVID. Well, I'm, we're still in COVID the end of the initial lockdown that things started to break and I was trying to stick it through. And the more I learned, the more and the more people I cared about that were being hurt and people, I didn't know, the people I directly know and people, I don't know, they're just being hurt in ways that should never happen with a church. So I think the reason I'm so pissed off is because this church was given a gift. Um, their preaching their music, their songwriting abilities, the way that they, the volunteers, um, who, you know, had no idea the stuff was going on in the background, um, really loved on people and changed hundreds of thousands of lives a year. I mean, it was insane and they had such a gift. God had given them and they blew it. They used it to the wrong advantage. They allowed all the things to get in that shouldn't and they, yeah, they, I don't know, pretty much put a finger up to God's gift and it pisses me off. And so I'm now having to go from watching some of the most amazing services of my life. And I've been in, you know, worldwide church, my whole life and seen all around the world, amazing services to now having to search for a church. And so it's hard because now I walk in and I'm used to a certain level of preaching or certain level of music or certain level of connection, or like today we're talking about, I'm used to, um, you know, when the band and the worship's going on, the congregation gets really into it. Um, not in a distracting way, but where you know they, there's not just like kind of raising their hands or kind of just quiet. I mean, when it's a song about how Jesus is saving us or, you know, coming to blow his trumpet to bring us home, they're celebrating as they're singing and you know, you can't help but put your hands in the air because it's, it's really emotional Christian. Yeah. I mean, it really like you feel the spirit in that room and the holy spirit. And, and so, you know, to now go back to more churches, which is fine, it's just different culture, but where they, you know, it's more just kinda staring at the singers up front and just kinda, you know, um, I'm not used to that. So I'm just having to kinda lay aside everything I'm used you this journey to find the right thing for our kids, for our family, I'm used to not caring about the age group. Like I'm used to very young churches and, um, and we did find one of those. Um, and our kids would've loved it. I mean, we happened to go on Sunday and Justin Bieber got up and led worship and, you know, that's LA for ya, but, uh, but they don't have a kid's service yet. So that can't, you know, and so it's just different priorities, you know, like the kids is the biggest priority, which obviously that's never been my priority before finding a church. Um, it was just, you know, where I felt home. So I'm having to just kinda now look at it from a parent's perspective, which is different. Um, and so the first things I asked it all had to do with our kids program. Right. But that's what I cared about more than anything else. Right. Um, and so, yeah, so today, um, last week didn't go so well. Um, this week went really well. Um, and then we,

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Heidi (10:52):
how many are still on our list?

Loydeen (10:53):
Uh, four more. Yeah.

Heidi (10:55):
So we, Deen has done like.
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Loydeen (10:57):
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six we're now four to go. And, uh, we luckily Todays the first day I've breathed because no matter what happens in the next four, we have a church.

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Heidi (<u>11:05</u>):
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Yeah. And I, I felt the same way.

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Loydeen (<u>11:07</u>):
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Literally went to bed last night, thinking we just not supposed to go to church. Like, and then I was like, but we have kids. And that is so important to me, you know, mm-hmm <affirmative>.

Heidi (11:14):

because that, well, we were both raised that way too. Right. And there is a certain piece of, I mean, even.

Loydeen (11:19):

youth was a big deal to me, youth group and youth events and that community. Um, but it has to be a safe space and it has to be safe for them to have four moms. I mean, that's important. And we were treated, I mean, we were obvious couple today. Y'all like, there was no getting around that we were friends. And, um, we even had to go get, we went and got our gifts because.

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Heidi (<u>11:43</u>):
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welcome gifts.

Loydeen (<u>11:44</u>):

I need my free gifts. God. And so.

Heidi (11:47):

this girl in her free packages,

Loydeen (11:49):

I'm there's free gifts where people are new, we have to go. And I was calling her baby because she wasn't taking the water. And I really wanted her to take the free water.

Heidi (11:57):

Um, and didn't need the water.

Loydeen (<u>11:58</u>):

They asked, I needed the water. < laugh> I told her finally, as were walking away, I was like, listen, stop saying no to gifts. You're saying yes for me.

Heidi (<u>12:06</u>):

Yeah. I didn't want the water, but she wanted the water. And so I was, we need two waters, my gift, I say yes to my gift because it's gonna be for her. That's fine.

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Loydeen (12:17):
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Unless you want The gift, then you can clearly, but just don't Leave the gift.

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Heidi (12:20):
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Right. Right. Clearly

Loydeen (12:22):

Anyways. Um, but yeah, so we asked about their kids program, um, and told them we have three kids and.

Heidi (12:29):

And it was an older gentleman that didn't bat eye. He was like, yeah. The 10 year olds go. Yeah.

Loydeen (<u>12:34</u>):

Glad you were here. Hope you come back. Have a great week.

Heidi (<u>12:37</u>):

Yeah. Really sweet. Yeah. So, yeah. So I mean, I agree like at least, you know, Deen did a ton of research, so we're gonna go and spend the time looking at churches and, uh, figuring out what is our perfect church home, or, you know, what is the church home where we feel like we're supposed to go, right? Like there is no perfect church home, but, um, but where are we supposed to go? Um, but yeah, I feel the same kind of hope. Like, okay, well, if all the rest of 'em don't fit with us at all, like we probably found one that's okay. So that feels pretty Great.

Loydeen (<u>13:10</u>):

Yeah. And there is, um, one of the churches on our list is so we have the gay wall, welcoming churches, obviously that are the majority on our list. There is one that is gay affirming,

Heidi (13:20):

which you have to tell them the difference. People Won't know.

Loydeen (<u>13:22</u>):

Okay. So gay welcoming is, um, they're not gonna be a church that would perform gay weddings.

Heidi (<u>13:27</u>):

They're um, they welcome Us as a family and where we are and they

Loydeen (<u>13:32</u>):

Will love us. You're not gonna find, um, unless there's kind of a rogue guest speaker, once in a while, you're not gonna find a lot of sermons that are be preached, um, directly on against homosexuality. Um, they will know youre couple and love you and love your kids and be glad you're there. In

Heidi (13:49):

Other words, it's safe for our family,

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Loydeen (13:51):
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but if Hard pressed on doctrine, um, they are going to go, I, the, the old way of thinking, um,

Heidi (<u>14:00</u>):

Where it's a sin and the

Loydeen (14:02):

Verses that are now being realized of the, um, transliteration translation, all that, um, they are going to still be of the mind of, you know, hate the sin, love the sinner, um, kind of way. And,

Heidi (14:20):

But it's a sin like any other sin, right? Like in, in the community, realizing that everyone is a sinner, this is a sin, like every other sin. And there are churches where like, homosexuality is like, whoa, you're a homosexual. Like you are not welcome. That is a sin that,

Loydeen (14:33):

which is never makes sense Um, cause if you think about it, you know, how many, if you went to church right now, I mean, if you just, in your mind counted how many divorced couples or remarried couples were sitting around you, you Know, and, and that also would be considered that, which used To be like this taboo thing. Yeah. You know, so, or how many people, you know, are having sex outside of marriage, you know? So it's, it's definitely, um, where in some churches it's put on its own,

Heidi (15:04):

Well, it's like set apart as like one of the worst outside of like blaspheming the spirit, like

Loydeen (15:08):

Going to hell is not, that's not biblical either. Um, no matter which way you read the Bible, it's not biblical. So all that to say, we, um, feel comfortable going to gay, welcoming churches, um, of course gay affirming would

Heidi (15:24):

Be so gay affirming would be like, there's a church we're looking at that has gay Pastors.

Heidi (15:29):

They preach about the welcoming of, um, they even put on their website. Everything is, it does not matter your sexual orientation. Jesus just loves you. We're here to show you that, um, we want this to be a safe place for you. Um, they will, there'll be a lot of LGBTQ in the congregation. Yeah. You can lead, you can speak. You're welcome to, you're encouraged to they'll

Heidi (15:47):

Marry, uh, gay couples. Yeah.

Loydeen (<u>15:49</u>):

So of course that is obviously <affirmative> where we hope all churches get to. And if that ends up being home, that would be amazing. Um,

Heidi (15:59):

But again, deens and, and I really do mean Deen, cuz I had walked away from the church. So for me, I don't have the same like high bar. Right. Mm-hmm <affirmative> so, but Deen's high bar of like what ministry looks like and, can look like. Right. And also, uh, Dean has a strong commitment to our kids should think it's the coolest place they go. Right? Like where they would want to invite their friends and they want to be involved in it because of course that for us had a huge meaning in our lives growing up. Right. Like where the cool place to be with church. Yeah. And so you're in this, it's really safe, important, you know, Jesus filled space and it's still the coolest place you can be. Right. And

Loydeen (<u>16:40</u>):

I was that way at my last church, you know? Yes. Um, I invited everyone. I dated every girl I dated, I invited and many of them, um, I know one in particular had not been to church in 13 years and said yes to me. And she still will tell people like, it's the most loving place. Place I've ever been. I've never felt so much love. Like you should go there, it will change your life. You know? And so I felt welcome. Like anyone would be welcome and I wanted to bring all my friends and I want that for them to feel that way. And I also just feel that God often leads me to places where I need to be bold and where, um, where it's not gonna be the most comfortable where it's going to be, where people they, they need to have to be faced with. You know, this is a family in your community. This is a family coming to your church. This is a family that you like their personalities. And all of a sudden now you found out they're gay. So now what you still love them and you still accept them. And you start thinking about how you God feels about us and how Jesus, he loves us. I mean, if you love us, he loves us that much more. And, and the blessings that then they get to see the blessings Jesus is doing in our lives. Mm-hmm <affirmative> and start recognizing how we honor Jesus and how he leads us and hear the stories, how he brought us together. And they, it starts to kind of change from the within. And I think that's kind of in my calling in a lot of areas. And so I would not be surprised if, um, a gay, welcoming church is more where God leads us to, um, just for the fact that that's where he wants us to be and the kind of, um, impact that they'll have on us and we'll have on them and kind of where we'll start affecting each other. And, um, You know, yeah.

Heidi (<u>18:27</u>):

Which I think is another way that God has sort of worked in our relationship because I would never, I mean, I also feel that that's a place I I'm supposed to be, but, um, I'm not bold. <laugh> like, I'm not that brave. I don't, I wanna go and be fed and I'm a little bit more on the quiet side. Right. Like my faith is deeply personal and something that I will share if you're kind of inner circle. Right. But, um, being put in a place where once again, I believe it's important to be out and be authentic and be real. Right. Um, and so because of you, I'm gonna do that. Like, I mean, likely right. That that will be what have bins and where our family ends up. And, um, while that's uncomfortable for me and stretching for me, uh, I do think it's an important part of sort of, uh, living a real truth about it. Right. Yeah. And

Heidi (<u>19:22</u>): Yeah. Loydeen (<u>19:22</u>): And it's definitely something we'll choose together. Like I want to feel just as home as I do and vice versa and yeah. And we've even talked out, you know, possibly, you know, if the kids, if we find one place for the kids that we, you know, during the summer, we have week on week off with the kids. And, and so it's not that we can never go check out other churches, you know, even if we find a home for them that we go with them, you know? Yeah. But it's, and right now we're 10 days on five days off. Um, and so we, we get to have them for

Heidi (<u>19:56</u>): every other Sunday.

Heidi (19:57):

Yeah. So we still at the same time get to do the same thing. So

Heidi (20:01):

Yeah. So it's, I mean, it's, I mean, it's an important part of what we're doing right now. Right. Figuring this out and, and we're grateful to be enough out of quarantine today. The church service was outside that they had a big tent, but it was in person, but in person, which is great, cuz you really don't get a feel for a church online. Yeah. Not as well or what your church home might be. Right. Um, so that was great. So,

Loydeen (20:23):

And of course there's still gonna be the journey on how much can we be involved? How much are we allowed to be involved? Um, how will that feel? But so it's, it's not a short process. Right. And it's, um, and I think it's just important for people to find whatever your faith is, whatever you believe, find a community and find somewhere that feels safe, but that you, um, if it is Christian, um, I mean just know that Jesus loves you. Yes. And that there's a lot, I mean, there's a lot of reading you can do. There's a lot of study you can do, um, that will change your world and make you realize that you're worth it. And Jesus is on your side and he has plans for you and he loves you. And that there's been many things that the church has gotten wrong before and that they would've stood on ceremony.

Heidi (21:15):

That this is exactly right.

Loydeen (21:17):

And that now that will look back and be like, oh my gosh, of course probably ever think that way, you know? Yeah. Um, you know, uh, course this isn't true. Of course we shouldn't have slavery. And of course we, you know, and how could a church ever think that? And there will come a day, God willing. I believe it, with everything in me, there will come a day that people will just not even understand why this was ever an issue. And of course, you know, the scriptures when the, now that they realizing, how they were misinterpreted wrong, um, that this is not gonna be the battle in the future. But right now it's, it is something where you just have to, there are places that will accept you and there are places that will love you and you just seek 'em out and don't give up and

Heidi (22:06):

Well, and we're happy to share our, our journey and what we find too, you know, privately we're, I don't think we're gonna put any church on blast. No. Or, you know, talk about, you know, where we've been or where we land necessarily in public. Right. But, um, but I think, you know, if you really, if you're really going through that journey or if you're really looking for a community, that'll love you. Right. And, and we happen to find that, uh, we're happy to share that. So, cause I mean, it's Deen has done endless hours. It's crazy. Like she's constantly, what about this church? And then reading reviews and what people have said and what their theology statements are, and it's a big deal. Right. And it's more work than I would have done. Right. Um, I just would've stayed closeted <laugh> and gone. Uh, but yeah, so it's, it's um, something we're definitely open to, to sharing with you if you reach out privately, so please, please feel free to do that. Yeah. And we don't have the answers yet. We're not done. Like we still have four on our list.

Loydeen (23:02):

Yeah. And I read a review recently of a church and it wasn't one that maybe it was my style that I wanted to go to, but I was really impressed by this review because at first the reviews were how alienating, um, people that grew up in that church and then came out, felt, um, oh, they, and

Heidi (23:18):

They had a speaker. They

Loydeen (23:19):

Had a guest speaker that really, um, made people or no, it was a new pastor. It was a new pastor. And yeah,

Heidi (23:27):

He just decided to draw a line in the sand right. That day

Heidi (23:29):

and people were walking out and they were, um, just really having a hard time. And I read this review from someone in the congregation that wrote to the person who reviewed it. Yeah. Yeah. So basically on Yelp, they're writing to the person that wrote this review and said, I just want to tell you that I agree with you. It was horrible. I am so sorry. I've been going to that church for years. And I want you to know that there's so many in this church, like me, that don't agree with that. I'm sorry that people applauded, they got it wrong. But if there's any way you could come back to our church because we need people that are gay to come to our church. We need couples to come to our church. We need people that are married, you know, gay, married couples to come to our church so that our congregation can start to see, um, the Christians out there and get to know them. She's like, we desperately need it. We have a lot of, um, you know, old money and a lot of problems with change and we're working on it and we just need people to not give up on us and help us without change. And I was like, wow, what? I mean, I was just blown away, uh, by this lady's boldness to say all that for one and two.

Heidi (24:38):

Well, and the grace around That. Right. .

Loydeen (24:39):

Yeah. And to realize That there's a lot of churches stuck in that, cuz I mean, it's sad to say, but a church is not run by, you know, it's money. I mean, of course it's to get, you know, to keep those doors open and when the beneficiaries, you know, feel a certain way, you know, there's, there is. And when change has always been hard for generations in church and, and so, you know, they are going up against a lot and change takes time. And I, I was just, I don't know, I was just very blown away by her. Just, I mean, it was almost begging, like please get people come to our church, like help, help us change. There's so many of us that want it and we don't know how to get there.

Heidi (25:23):

So, and I think of course that resonates with you, right? Like you were just saying, you're called to places, right. Where you are a trailblazer and where you, you do have to be the person that people encounter. Right. That people love and like, and wanna be around. And then they're like, oh, well, if I love and like this person and she's gay, what does that mean? And then they start to have this inner struggle. Right. And I think that's a beautiful place. Right. And I think that's an amazing and gift that you have. But I also think that, you know, you gotta be careful, um, that you don't, you don't do that if where, if what you need from church is healing and absolutely rest. And that kind of hope. Right. Um, because each of us, I think are given specific gifts. Mm-hmm, <affirmative>, um, not only to impact a, our world as we know it. Right. But to, to help guide and change and shift those sort of traditions that maybe aren't, um, where they should be. Right. But we all have different ways of coming at that. Right. Yeah. And it's just like what we were talking about when we were talking about how important it is to come out, you know, you have to do that in a way that's safe for you and only, you know how to do that. Right. So for you and me going into a place and asking them to encounter us and doing that with a certain amount of grace and love that we're willing to return right. In patience, um, that's our journey. Right. Mm-hmm <affirmative> and that's what we're gonna do. So

Loydeen (26:43):

Yeah. And that lady also in her thing did bring up, she was like, you know, she'd put literature in that review. Like even if you can't come back to our church, read this book, go read Matthew V's book and go to this, um, this site about gay Christianity. And she was like helping her. She was like, you know, churches used to believe that the world was flat. That's what it was. Right. The world was flat. Yeah. Churches would've said that because of this, you know, these certain scriptures that the world was flat. And that was just a common thing in church. And no one would ever, you know, argue that. And of course now they'd be like, what? Of course the earth isn't flat, no one believes that'd be Lou du. And that used to be something. So it was so funny when people just, you know, don't challenge things and just say, well, that's, you know, I mean, that's what they had interpreted from scripture from the Bible. And they said, no, the Bible says the earth is flat. There's nothing you are from Satan. If you tell us anything different. And then no one would think that, and she, the same thing about slavery. She's like, you know, the church has gotten it wrong before and they're, they've gotten it wrong now. Yeah. And just, you know, hang in there. And so it was, yeah, it was, um, kind of a breath of fresh air cuz I was really struggling last night with a gay family looking for church. So it was, it was, it was nice. I wrote her back. I didn't even say who I was. I just wrote back, thank you for this. So I sent it.

Heidi (28:08):

Yeah. So well, and you know, you have taken on like the lion share of this, right. I, I am not in a place where like I haven't had the experience you had with churches. And so I'm much more like I will do this. I will take this journey. I do have have a faith center and I, I want to have a faith based community. Um,

but I'm not willing to do the work. And so I think, um, you know, that's kind of been your gift, the family, what happened? Oh, you dropped things, dropped a ring

Heidi (<u>28:39</u>):

Noise. I was trying to stop happening. Yeah.

Heidi (28:42):

So yeah. I mean, it's just been, it's been interesting thing for us, uh, and also, you know, uh, again, just kind of a, a spotlight on how we are compatible, right? Like I'm not gonna do that work, which doesn't, which isn't to say that I'm not gonna participate or I won't go, or I'm not gonna be a part of it. Right. Definitely. I'm gonna go. Um, yeah, but I appreciate that you are willing, you kind of slug it out, like slog through it. Goodness gracious. Like all these things. Um, and for me that would just be very damaging. Like I can't spend a lot of time hearing that it's, it's, it's something that had damaged me very greatly in the past and I don't need it. I just don't need to, and I'm not like teflon, this one, nothing sticks to this one. Ask her sister.

Loydeen (29:27):

Oh yeah. So yeah. Anyway, so that's, I like the challenge.

Heidi (29:31):

clearly.

Loydeen (29:33):

Yeah. And also we talk a lot because we obviously are faith based, but that doesn't mean you are, so it doesn't have to be with a, you know, a faith group or any religious group. Um, if you're not, but if we found anything to be true from this pandemic is that we are meant to be with community of, as some sort, either a Facebook group or just finding community in your area or whatever it is, reach out to people. Um, and

Heidi (30:10):

Yeah, I mean, they say that it's catastrophic levels of mental health and loneliness and depression, and that it could take up to 10 years collectively for us all to recover from what has happened with this pandemic. And I think one of the ways we're seeking to heal some of that right. And heal some other things for us, but like is to find community in a faith-based place. And, and also

Loydeen (30:33):

Not faith based. We're reaching out and wanting to make, you know, LGBTQ friends of all walks and moms and not moms and, and couple friends and single friends. And we're just really, um, just like, cuz I'm new here. And when I was, when I moved here, it was a complete pandemic of lockdown. Um, and so we're just yeah, but be intentional our own community yeah. From the ground up right now. And we,

Heidi (31:00):

But be intentional about it because I think it is, I think you're right. I think we are really are meant to do that. And in doing that, you know, uh, there's a lot of positive benefits to that. Yeah. Clearly our children

have no problem building community. That's their, that's ipad ding with all their friends saying, where are you? What's happening? Yeah. I mean our 10 year olds have no problem building community 10

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Heidi (31:26):
Year olds going on the 16 were

Heidi (31:28):
Yeah. Community for days. <laugh>

Heidi (31:31):
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All right. So we love you. We do. And we will talk to you again soon. Bye. Bye.